



Coach's Creed

We pledge to treat our athletes fairly, no matter what skill level they are performing

We pledge that we will promote good sportsmanship in and outside of the gym

We pledge to motivate our athletes into becoming the best they can be

We pledge to lead by example – in the gym, at a competition, and outside of the gym

We will encourage positive attitudes, healthy lifestyles, work ethic, discipline, and perseverance